

# Infant/ Toddler Info/ Tattler

Early Intervention Services News

June 2004

## EDIS Early Intervention Team Newsletter

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**Summer is Here**

### Educational and Developmental Intervention Services

*Early Intervention Services  
Arnn Elementary School  
Sagamihara Housing Area  
267-6545  
and  
Bldg. 989, Rooms 125 & 126,  
Shirley Lanham  
Elementary School,  
NAF Atsugi  
267-6545*

*IT<sup>2</sup> is a free publication. For additional  
copies, questions or comments, please contact  
us at either of the numbers listed above*

### Summer Excursion III

Sagamihara Greenwave Park:

Take Two

Date: To Be Announced

Let's try to pet and hold the  
animals this time!

Join the bus at

Zama Club at 9a.m. or

Arnn Elementary at 9:15 a.m..

### New Parent Support Groups

**SHA:** Thursdays 9:30 – 11:30 a.m.

Child Development Center

**Zama:** Tuesdays 9:30 – 11:30 a.m.

Chapel Child Care Area

*For more information,*

*Call 263-8087*

### **Atsugi Library:**

Toddlers Tuesdays 9:30 – 11 a.m.

Babies on the Go: 10 – 11 a.m.

### Autism Support Group

EDIS is sponsoring a supportive parents group for parents of children diagnosed with autism spectrum disorders. We will have our next meeting at SLES, BLDG 989, Room 125 on June 2, 5 p.m. If you can arrange for childcare on your own, that is best, though we will have limited childcare available. Please call 267-6545 for directions, or if you need childcare during the meeting.

### ICC Members Needed

The Interagency Coordinating Committee is looking for parent members. The ICC is a public forum in which all agencies involved with children with special needs meet to discuss how we can improve services. Any parent who wishes to participate on this committee please call 267-6545 for more information.

### KID'S CARE

**Is your home  
childproof?**

Thousands of children die from unintentional injuries suffered in their own homes with many reported emergency room visits related to kids getting injured at home. Parents taking some simple safety precautions can avoid some common dangerous situations and make their homes safe and secure for their children.

- Fire is the leading cause of unintentional injury or death in young children. Research has shown that children do not awake to the sound of smoke alarms. There are ways to interconnect several smoke detectors in the home to be sure adults awaken to alarms triggered elsewhere in their house. Then they can safely get all their children out. Keep matches and lighters out of the reach of children.
- Common household cleaning products, automotive fluids and vitamins are often mistaken by

children for candy or juice. These may include floor cleaners that look like soft drinks or glass cleaner being mistaken for orange juice. Using safety locks on cabinet or drawers can help parents prevent confusion. If your child put something poisonous in his or her mouth call the Poison Hotline. Keep the number attached to the phone.

- Strangulation deaths can occur from a child's bed or crib being placed too close to window cords. Older Venetian blinds have cords that are looped at the bottom. A top-heavy toddler may crawl toward a window, grab the cord and fall into the loop—causing strangulation. A solution would be for parents to simply cut the cord and add tassels to keep the cords separate. Parents should keep in mind when replacing window treatments some newer window blinds have no cords.
- The third leading cause of injury or death in young children is drowning in water that is left standing. Top-heavy toddler can fall head first into the bucket of water you have just finished cleaning your floor with or a toilet left unattended. Stay close enough where you can touch your child to keep that from happening. Keep bathroom doors closed or invest in doorknob guards or toilet seat locks. Store buckets empty and upside down.

"Preventing Kid Injuries at Home". (CBS) March 2

<http://www.cbsnews.com/stories/2004/03/01/earlyshow/series/main603262.shtml>

## FUN WITH FOOD

### Funny Face Rice Cakes

Rice Cakes (mini works well for younger children)

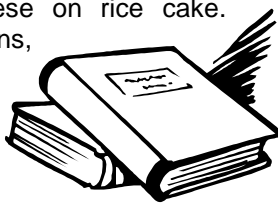
Peanut butter or cream cheese  
Raisins

Grated carrots or cheese

Whatever else you can think of to put on peanut butter or cream cheese

Spread peanut butter or cream cheese on rice cake.

Put raisins, carrots, cheese, etc. to make



face, design or just for fun.

Variation: Flour tortillas also work well in place of rice cakes.

## THE READING RUG

This month's featured books are:

**Kevin and His Dad** by Irene Smalls-Hector

A boy and his father enjoy their Saturday morning chores together. (Preschool-Grade 1)

**A Perfect Father's Day** by Eve Bunting

Susie takes her father out for a "perfect" Father's Day that ends with a "perfect" chocolate cake. (Preschool-K)

**The Night Worker** by Kate Banks

A boy spends a very special night with his father, who works at a construction site. Young readers will marvel at the mountains of soil and exciting machinery. (Preschool-K)

diapers and wants them changed.

6. Your child indicates by words, facial expressions, or posture that he or she is about to urinate or have a BM.
7. Your child asks to use the potty chair.
8. Your child asks to wear grown-up underwear.

Take the child with you to buy "big kid" training pants and potty chair, also get a book or video. Start slowly—Let child play with and get comfortable with the potty chair. Show child how easy training pants pull on and off—Keep new pants in a special place in your child's room. Have child sit on chair at regular times—Upon awakening, after breakfast, mid-morning, after lunch, mid-afternoon, after supper and before bed.

## CRAFTS

### Outside Adventures

- For a little fun in the sun, put some food coloring in a spray bottle. Let the children experiment with different kinds of containers (ex. Dishwashing liquid).
- Take bubbles outside.
- Save a variety of containers to take along to the sand box.
- Use sidewalk chalk.
- Let children use fingerpaints to paint their bodies and then hose them down!
- Hide "treasures" in the garden and have children dig them up with garden tools.
- Take a nature walk and focus on the bugs that you find along the way, or flowers.
- Anything you do inside, you can probably do it outside!

**Be creative and have fun!**

## PARENTING TIME



### Toilet Training Tips:

**Relax:** The more at ease you are about it, the more comfortable your child will feel.

**Look at it positively:** This is an important step in your child's development.

**Your child has a strong desire to learn,** to be independent, to master new skills and to please you.

Start only when your child is ready—Signs of readiness include:

1. Child is dry after his nap.
2. Child's BS's become regular, predictable.
3. Your child can follow simple, verbal directions.
4. Child can take pants on and off and walk to and from the bathroom.
5. Your child becomes uncomfortable with soiled